



*Eliot Aging In Place
Committee*

Aging In Place Committee

Town of Eliot, Maine

The mission of the Aging In Place (AIP) Committee is to provide advocacy for changes in Eliot's physical, economic, and social environment that enable Eliot residents, especially older residents, to live in their homes for as long as possible and that foster the creation of services and programs geared to keeping all residents active and engaged in the community.

Approved AIP Meeting Minutes Thursday, March 21, 2024

I. Call to order.

- a. Ellen Ceppetelli, AIP Chair called the meeting of the Aging In Place (AIP) Committee at Eliot Town Hall to order at 4:20 P.M. and welcomed, guest Jen Stavros.

II. Members & Guests in Attendance.

Ellen Ceppetelli, Nedra Sahr, Maureen Clark, Mike Thompson, Karen Tomanio, Jenny Isler, and Heather Muzeroll-Roy, Liason Colleague, head of the Rec. Committee.

III. Approval of Minutes.

After several corrections were noted, Nedra moved, and Melissa seconded the approval of the minutes. The February AIP minutes were approved unanimously.

IV. Treasurer's Report.

The March Treasurer's Report was reviewed and approved unanimously.

V. Chair Update.

Ellen thanked the Committee for the lovely, warm, loving reception. She was surprised, delighted, and moved by the outpouring from the committee, town officials, and AIP guests from other communities.

Ellen reminded the committee that we have agreed to promote Carol Kachadoorian's 50+ Cycle survey. Carol will supply the copy. Jenny will create a flyer with a link to the survey to be shared on Social Media, in our newsletter and possibly posted around town.

Ellen also announced that Jeff Brubaker, Town Planner has invited members of the AIP committee to participate in a Walk Audit in late April, early May. He is soliciting suggested dates and times from various town from our committee.

VI. Memory Walk Update.

Jenny shared that there is a folder in the Shared Drive detailing a vision statement, and details of meetings and stakeholders who will be involved. She also shared that Tidewater Engineering will be consulted for engineering. The name of the walk may become Eliot Walks or Eliot Community Walks to become more inclusive of all Eliot age groups. Jenny and Tracy Gettholder, Historical Society, are the principals on the project. The walk will be installed after the new Town Hall is completed.

VII. AIP Priorities for 2024.

A short discussion was had regarding volunteer opportunities, what volunteers would be doing, how to vet them .

May is Older Americans Month. A suggestion to hang the banner at Town Hall was given, Ellen suggested highlighting Dementia resources at the library, giving them prominence.

VIII. Communication.

Melissa said she delayed the newsletter before the election due to not enough quality copy. Maureen volunteered to write an article on Creative Arts for the next newsletter. Suggestion was made to include the Cycle survey and the Walk Audit among other articles of note.

Ellen encouraged us to stay in communication with Patricia Oh who has expertise and connections she is willing to share re grants, and collaborative leadership.

IX. Adjournment.

Meeting was adjourned at 5:28 PM through a motion made by Maureen, and seconded by Mike. All agreed.

Respectfully Submitted, Secretary in Rotation
Nedra Sahr